

Sports Massage Clinic is now open for all club swimmers and it's totally FREE !

To book, please email Michael Cole
m.cole@uel.ac.uk



- Timescale is 20 mins per appointment
- From 07:30 - 20:30 every Monday and Friday at UEL University
- All staff are insured and supervised
- Appointments available on a first come first served basis
- Sports massage beds can be found next to the timing suite or in one of the anti-doping rooms off from poolside (ask at reception)